

The book was found

Type 2 Diabetes: Smallest Book With Everything You Need To Know



Synopsis

Diabetes is a common disease. More than 350 million people worldwide have it. It is easy to control and it does not keep you from anything the life has to offer. But you have to control diabetes all your life.Ã Â This book is small and you do not have to read this book from page one to the end in sequence. You can start any where and slowly finish it. Use the table of contents to find the topic of your interest and start from there. You can finish this book in just 1 hour. In 1 hour you will have all important information on Type 2 Diabetes. This book will give you the confidence, hope, and information to live a normal, happy, and prolong life with Type 2 Diabetes.Ã Â Some of the Topics covered by this book are; What is diabetes, risk factors, and symptoms of type 2 diabetes. Emotional Issues and Self-Esteem in diabetes. Maintaining quality of life and living with type 2 diabetes. Making life style changes in type 2 diabetes. Monitoring of blood sugar at home with steps to monitoring. Food for Type 2 Diabetes. Glycemic Index: What is it. What is Glycemic Load (GL) Physical activity for Type 2 Diabetes. Medicines used for the treatment of type 2. Insulin Pump and what type of insulin you need. How to keep and store insulin. Where to inject insulin. Steps to give an insulin injection. How to decrease pain when giving insulin. Steps for reducing complications of diabetes. What can you do to prevent complications. What are the long-term complications of type 2. What is diabetic ketoacidosis or DKA. What to do in DKA. Hypoglycemia, how to recognize (symptoms) and what to do. Pregnancy and type 2 diabetes. Future of Type 2 Diabetes And many more topics. This small book is packed with useful information and covers almost everything about Type 2 Diabetes. Its a must have for diabetic , Pre-diabetic.Ã Â A must read if you have family history of diabetes. Its a important book if you have obesity, to learn to prevent developing diabetes. Buy it now and stop diabetes.

Book Information

File Size: 3582 KB

Print Length: 86 pages

Page Numbers Source ISBN: 1533353913

Simultaneous Device Usage: Unlimited

Publisher: SARDAR Publication; 2 edition (May 17, 2016)

Publication Date: May 17, 2016

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B01FUGZASK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #250,172 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #35

inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Diabetes > Type 2 #36

inÃ Â Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments >

Endocrine System #57 inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments >

Endocrine System

Customer Reviews

This book helps people with type 2 diabets to understand that they can live full and happy life. It is very important to know what happens to you, what to do in different situations. Dr. Shahriar Mostafa made a great work. Thank you very much

It's a concise delivery of type 2 diabetes topics without the frills.The extensive table of contents would be helpful if the book had page numbers.

This book is so helpful. I've been reading dozens of books on Type 2 diabetes and finally stumbled upon one that answers the questions about symptoms, foods, various medicines used in treatments, and easy to understand information about how serious this condition can be. The ways a patient and their doctor can work together to arrive at a treatment that controls this serious condition is logically set forth. I have found this book to be a treasure for me; hopeful, uplifting and positive. You can win with this kind of information if you are willing to follow a good plan of cooperation with a good doctor.

Type 2 Diabetes is the most common form of Diabetes. Dr. SHAHRIAR MOSTAFA made it so easy for the readers by his writing ability and knowledge. Everyone who needs info about diabetes would definitely get help from this book.If you have diabetes or you want to know about this then read this book now !!!!

[Download to continue reading...](#)

Type 2 Diabetes: The Type 2 Diabetes Guide With Powerful Type 2 Diabetes Tips (Free Checklist Included)[Type 2 Diabetes, Type 2 Diabetes Cure, Type 2 Diabetes Diet, Diabetes Diet, Diabetes Magazine] TYPE 2 DIABETES DESTROYER: The Secret to REVERSE Type 2 Diabetes, 3 Proven Steps to Reverse Type-2 Diabetes in 11 Days (Diabetes type 2, Diabetes, diabetes ... DIABETES, diabetic cookbook, type 2 diabetes) BLOOD TYPE DIET : Eat recipes according to blood type (blood diet, blood type diet o, blood type diet b, blood type cookbook, blood type a diet, blood type a cookbook, blood type ab, blood type book) Diabetes Diet:: Lower Your Blood Sugar Naturally (Diabetes Diet, Diabetes for Dummies, Diabetes Cookbooks Free, Diabetes Type 2, Diabetes Destroyer, Diabetes Solution, Diabetes Cure) Reverse Diabetes: Stop Diabetes Without Drugs (Type 1 and 2 Diabetes, Symptoms, Diabetes Cure, Diabetes Solution, Diabetes Cookbook, Diabetes Diet, Diabetes Nutrition) Diabetes: Fight It with the Blood Type Diet: The Individualized Plan for Preventing and Treating Diabetes (Type I, Type II) and Pre-Diabetes (Dr. ... Eat Right 4 Your Type Health Library) Diabetes: Diabetes Black Book: Reverse Diabetes Forever With 25 Superfoods (Reverse Diabetes, Diabetes Diet, Diabetes Cure, Insulin, Diabetes recipes) Diabetes Diet Cookbook: Delicious Low Carb Recipes For Diabetics (Diabetes Miracle Cure, Lower Blood Sugar, Diabetes Desserts) (Diabetes Cookbook, Diabetes ... Type 2 Diabetes, Lower Blood Sugar) Diabetes: The Most Effective Diabetic Superfoods To Reverse And Prevent Diabetes (Diabetes Diet, Diabetes Cure, Insulin, Type 2 Diabetes, Reverse Diabetes) Diabetes: Reverse Diabetes In 4 Weeks With Proven Step By Step Methods And Superior Strategies (+ Bonus Cheatsheet) (Diabetes Diet, Diabetes Type 2, Diabetes Cookbook, Insulin, Diabetes Solution) DIABETES Killer Formula: The Miraculous Guide Will Fully Reverse Your Diabetes and In A Natural Way. (Diabetes Diet, Diabetes Recipes, Diabetes Cure, Reversing ... 2 Diabetes, Diabetes Destroyer,) Type 2 Diabetes: Smallest book with everything you need to know Diabetes: Reverse Diabetes Naturally & Safely: The Simple & Effective Changes You Can Make In Order To Reduce Blood Sugar Levels & Cure Diabetes ... End Diabetes, Type 1 Diabetes, Insulin) Diabetes: 2017 The Secrets About Diabetes that You Never Knew (Diabetes Diet, Reverse Type 2, Diabetes Insulin Resistance, Diabetes Cure, Lower Blood Sugar to Normal) Diabetes: Reverse type 2 diabetes, lower your blood sugar, and live a healthier life in 12 simple steps (Diabetes, Type 2 Diabetes, Blood Sugar, Sugar, Insulin, Fat, Diet, Unhealthy Diet, Book 5) Reverse Diabetes: The Natural Way - How To Be Diabetes-Free In 21 Days: 7-Step Success System (Symptoms Of Diabetes, Type 2 Diabetes, Reversing Diabetes, Diabetic Health) Cure diabetes : Diabetic No More: Normalize Blood Sugar, Reverse Diabetes, and Say Goodbye to Drugs and Testing Forever (Symptoms Of Diabetes, Type 2 Diabetes, Reversing Diabetes, Diabetic Health) Diabetes: Step by Step Diabetes Diet to Reverse

Diabetes, Lower Your Blood Sugar and Live Well (Diabetes, Diabetes Diet, Diabetic Cookbook, Reverse Diabetes) The Everything Guide to Managing Type 2 Diabetes: From Diagnosis to Diet, All You Need to Live a Healthy, Active Life with Type 2 Diabetes - Find Out ... Your Diet and Discover the Latest Treatments Diabetes de la A a la Z (Diabetes A to Z): Lo que necesita saber sobre la diabetes — en terminos simples (What You Need to Know about Diabetes — Simply Put) (Spanish Edition)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)